



disciples in the making, making disciples

**our strategic plan:  
what's the big deal?**

Yes, Trinity's three-year strategic plan is a *huge* deal. The 60-page document analyzes our historic strengths, addresses our future needs, and lays out goals, strategies, action steps, timelines, and measurements.

It is council's responsibility to delegate and monitor the progress of the plan. However, the congregation has an equally important responsibility. Specifically, **every Trinity member must actively engage in ensuring the plan's success.**

Our strategic initiatives are summarized as (1) strengthening relationships, (2) making connections, and (3) building foundations.

More to follow in future issues of trinity parish.

## eight facts you might not know about lent

We all know that Lent is a forty-day festival of repentance, self-denial and fasting. But here are some fast facts that help us expand our understanding:

- 1. The number 40 is significant in biblical numerology.**  
In Genesis, it rained for **40 days** and nights in the great flood. The Hebrews spent **40 years** wandering in the wilderness after being liberated from slavery in Egypt. Moses fasted for **40 days** before receiving the Ten Commandments on Mount Sinai. Elijah spent **40 days** on Mount Horeb. Jonah gave the people of Nineveh **40 days** to repent. And Jesus fasted for **40 days** in the wilderness, during which time he was tempted by Satan.
- 2. Sundays are not counted as one of Lent's 40 days.**  
Sundays (the Lord's Day) are designated "in" Lent as opposed to "of" Lent and thus offer a break from the fast. So, yes, you can enjoy your chocolate.
- 3. Lent is preparation.** The season of Lent is always looking ahead to resurrection and Easter. Lent was developed originally in the fourth century as a way of preparing converts for baptism at the Easter Vigil.
- 4. Pilgrims actually tried to bite off pieces of the cross!**  
Adoration (or Veneration) of the Cross on Good Friday in third century Jerusalem was so popular that deacons were stationed next to the cross to prevent pilgrims from trying to bite off pieces when they kissed it. Evidently they wanted a relic of the "true cross" to take home with them.

*continued on page 10*

## watch for new offering envelopes

Not everyone uses paper envelopes for weekly offerings. Many members make automated contributions through Trinity's e-giving program.

At the same time, these e-givers still receive paper envelopes in bimonthly mailings. Some e-givers say receiving paper envelopes is wasteful, while others still want envelopes to supplement their e-gifts.

As the Stewardship Committee and Trinity staff work to satisfy the various preferences, Trinity members will see changes in the next envelope mailing.

✓ **New design on weekly envelopes.** Everyone who receives paper envelopes will get redesigned weekly ones (and Lenten) with our new logo.

✓ **Fewer envelopes for e-givers.** E-givers will get one weekly envelope per month instead of the usual four or five.

✓ **New envelope numbers.** Envelopes are being renumbered to reflect updated member lists.

If you currently receive no paper envelopes at all but would like to do so, contact Paul Hensel at the church office.

Electronic giving is encouraged. It's convenient and saves paper! Visit [www.trinitycamphill.org](http://www.trinitycamphill.org) and click on "Donate."



**A very special thank-you to Allison Roberts** for her nearly two-year tenure as *trinity parish* editor; she has now turned over the masthead to Stephanie Maurer. Allie and her husband, James, have a daughter, Kara, born just last May. Kara must be smiling brightly to have more face time with her talented mommy.

## staff notes

**Pastor Horner** gave the invocation for the state senate's opening session on January 21 at the state capitol. Sen. Pat Vance was the host.

**Trinity's staff** participated in a retreat on February 10 to discuss our strategic plan; Council President Jennifer Schwalm was facilitator.

**Pastor Brock** attended a workshop on boundaries and the new state laws related to adults working with youth. On a lighter note, Pastor B especially enjoyed being treated to a birthday lunch by the Library Ladies.

Check out **Pastor Easton's** insightful new blog at <https://pastoreaston.wordpress.com>.

**Bishop Edmiston** spent two weeks in Turkey touring and walking in the footsteps of St. Paul where the apostle shared the Gospel with the Gentiles.

meet your council president

# jen schwalm elected head of council



**Jennifer S. Schwalm** began her one-year term as council president on January 25. She and her family are long-time Trinity members (1991). Husband Mike is active in FaithX, the band that supports our contemporary worship services. The Schwalm's have two daughters: Kathryn, or Katie, 19, and Lydia, 15.

Jen was chair of our Strategic Planning Committee. Her leadership was critical in developing Trinity's new three-year plan, and her role as council president will enable oversight of the plan's implementation.

Jen's "day job" is chief mission development officer for Masonic Villages of Pennsylvania and also president of its management and consulting company. She is a CPA and was formerly a partner with ParenteBeard. She holds a bachelor's degree in business administration from Shippensburg University.

Council's new vice president is **Richard Jacobs**. Newly elected members are **Doug Bonsall, Rob Bertram, Kathy Holmes**, and **Dave Reeser**. They join their fellow members **Frank Bertovich, Kevin Brady, Charlotte Lazarchik, Becky Lohr** (secretary), **Kelly MacConnell**, and **Dan Reed**.

See February council actions on page 5.

## council approves hiring of communications director

President Schwalm has announced council's approval of Trinity member **Stephanie Maurer** as our part-time ministry director for communications.



Stephanie has been a Trinity member for more than 30 years. She is a former Pennsylvania deputy auditor general and has taught at the University of Pennsylvania at its Fels Institute of Government in Philadelphia. She has a master's degree in communications/journalism from Shippensburg University.

## here are ways that trinity makes a difference; if you help, we can do more

Our **Social Ministry team** seeks your help with any of the nearly 20 ministries that make a positive community impact. Examples of how can volunteer:

**1. DELTA (Developing Effective Living Through Alternatives)** is a Harrisburg-based program for single-parent homeless families who are working to become self-sufficient.

DELTA provides up to 24 months of rent subsidies, life skills coaching (e.g., parenting and home management skills), educational support, and sustenance employment.

Trinity supports Delta through donations and Family Night Out by preparing/serving an annual meal for 12 or so families and providing one hour of babysitting.

Email Lorraine Graybill at [raindate2005@yahoo.com](mailto:raindate2005@yahoo.com) for more information or to volunteer.

**2. Tutoring.** Thanks to Women of Trinity and congregation members, our tutors distributed 300 boxes of supplies to three Harrisburg School District elementary schools.

Please start saving your gently used books for first and second graders. We distribute the books around June.

Email Stella Ludwig: [baldyl@aol.com](mailto:baldyl@aol.com)

**3. Criminal Justice System Ministry.** We lead worship services at Dauphin County Prison; the next service is

Sunday, March 8. In February, we held a work release outreach service in Harrisburg; next one is April 12. We are now seeking ways to minister at the Cumberland County Prison also.

To learn more about our criminal ministry, email Jeff Weaver at [jeff\\_bert@verizon.net](mailto:jeff_bert@verizon.net).

To volunteer at services, contact Pastor Easton or email Kristen Campbell at [babysoup5@gmail.com](mailto:babysoup5@gmail.com). Special clearance is required for in-prison worship.

**4. Winter Shelter.** We staffed the men's homeless shelter in Harrisburg the last week of February and will do so again the week of March 15-21. Each shift runs from 7 pm to 7 am.

With two volunteers for each date, we can ensure that 20 homeless men have a warm, safe place to sleep.

To volunteer, email Joe Hunter at [jahunter@hotmail.com](mailto:jahunter@hotmail.com) or Becky Enney, at [georgebeckyenney@yahoo.com](mailto:georgebeckyenney@yahoo.com).

**5. Camp Nawakwa Fundraiser—Seeding the Future.** Our support of Camp Nawaka continues, and you can help with the great-fun fundraiser on March 22 in several ways: buy tickets, sponsor a \$100 table, donate silent auction items, or volunteer in the kitchen.

To volunteer: contact Stella Ludwig at [baldyl@aol.com](mailto:baldyl@aol.com).

*continued on page 6*

## council lists actions taken on february 9

- ✓ Approved committee chairs and ministry team facilitators
- ✓ Elected Kevin Brady and Jennifer Schwalm as representatives at the Lower Susquehanna Synod Assembly in June 2015
- ✓ Approved Finance Committee's recommendation to proceed with Fulton Bank to complete final terms and conditions for refinancing remaining debt of approximately \$300,000 with final action by Council on loan agreements on or before May 15, 2015
- ✓ Approved changes in administrative policy pages
- ✓ Accepted designated gifts to fund part-time administrative support (unbudgeted, but identified position on organizational chart)
- ✓ Approved part-time ministry director of communications (see page 3)

**Read complete minutes online** at [www.trinitycamphill.org](http://www.trinitycamphill.org). Click on "Leadership Team," then "The Congregation Council," then "Minutes of Congregation Council meetings." Next meeting: Monday, March 9, 7 pm, Room 237. Congregation is encouraged to attend.

*Jennifer Schwalm*

## jesus christ superstar to be presented at oyster mill playhouse

On Tuesday, March 10, Churches Affiliated Childcare Center, Inc., will present *Jesus Christ Superstar* at the Oyster Mill Playhouse, 1001 Oyster Mill Road, Camp Hill. The show starts at 7:30 pm; doors open at 6:45.

Refreshments will be served. This private performance benefits the scholarship fund of The Children's Center of CACCC, which Trinity supports.

Tickets are \$25. Buy them in the Gathering Space or by calling Margy Fox at 717-319-9886.

*Judy Leslie*

## new times for easter morning services

Trinity is offering **six services** on Easter Sunday, April 5. You can choose either traditional or contemporary worship at 8, 9:30, and 11 am.

These changes/additions allow more choices for the increasing number of worshipers and will help to spread out parking needs.

**Easter Sunday is April 5**

**Special times for services: 8, 9:30 & 11 am**





**Parry: *I Was Glad***  
**Mendelssohn: *Hear My Prayer***  
**Franck: *Psalm 150***  
**Gabrieli: *Come, Let Us Sing***  
**Bortniansky: *Cherubim Song***  
**...and other works by Bach,  
 Vivaldi, Mozart, and more**

# MUSIC FROM THE CATHEDRALS

**Free Admission  
 Sunday, March 15, 4 pm  
 at Trinity**

**Trinity Concert Choir  
 St. Paul's Brass  
 Chamber Orchestra of  
 strings and percussion**

**John Eaken, Concertmaster**  
**Timothy Koch, Conductor**  
**Bryan Rotz, Organist**

**trinity makes a difference,** *continued from page 4*

**6. Churches Affiliated Childcare**

**Center, Inc.,** or CACCC, is another program that we support. As reported on page 5, you can help by purchasing \$25 tickets for the March 10 fundraiser performance of *Jesus Christ Superstar*.

**7. God's Work, Our Hands Sunday,**

**September 13.** Save the date! More about this event later.

In future issues of *trinity parish*, look for feature stories about these programs and more. We have many stories to tell. Meanwhile, we thank our volunteers and ask for others so we can do *more good*

work. Remember that we are all called to be good stewards of God's grace:

*Be hospitable to one another without complaining. Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received.* 1 Peter 4:9-10

Stay tuned. The Social Ministry team has plans to create a master email list of current, previous, and newly interested volunteers, and eventually to send monthly emails that communicate the volunteer opportunities for that month.

*Barb Musselman*

## women of trinity: all are welcome!

How can we stay spiritually healthy when there is so much to do in the face of a surprising and challenging world? When you attend a Circle study—*Renew, Respond, Rejoice!*—you'll learn what that great cloud of witnesses surrounding us has to teach us. We'll reflect on our vocation: who we are and how we are called to service.

Scripture, discussion, and prayer all help inform and shape us as women of faith.

### March 2015 Circle Dates

Monday Mar. 2	6:30 pm	Library
Esther Circle		
Tuesday Mar. 3	9:30 am	Library
Deborah Circle		
Tuesday Mar. 3	1:00 pm	Library
Elizabeth/Ruth Circle		
Sunday Mar. 8	9:30 am	Rm 237
Sarah Circle		

### Intercessory Prayer

Thursday Mar. 5	1:00 pm	Library
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### Sewing Ministry

Tuesday Mar. 3	6-9 pm	Rm 237
Tuesday Mar. 17	9am – 3 pm	Rm 237

### Knitting Ministry

Thursday Mar. 26	1-3 pm	Rm 125
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### ONGOING

Turn in Blessing Box Money for Camp Nawakwa at May 13 General Meeting

Collection of Campbell's product labels and box tops for education

### MARCH EVENT

Camp Nawakwa benefit on Sunday, March 22. Dinner 4:30-6:30; program 6:30-7 in Fellowship Hall. \$15

### MAY EVENT

Day of Renewal, Saturday, May 16, in Harrisburg, \$15. Register by May 1.

### AUGUST EVENT

August 14-15, Annual Lower Susquehanna Synod Convention, Shippensburg

Mitzi Jones

## what about that lutheran theology of grace?

Join us for *The Lutheran* Adult Forum on Sunday, March 22, at 9:30 am in Room 237 to discuss **"It's All About That Grace"** from *The Lutheran* (February, pages 16-22).

Did you ever look around on Sundays and wonder what brought everybody to church, and what keeps people coming back? February's lead article in our denominational publication says that everyone has a story and that no two stories are exactly the same. Knowing why people first come and why they return reveals some of the biggest strengths of the ELCA and its diversity. One common thread definitely revealed is the welcoming appeal of the Lutheran theology of grace.

Copies of the article may be picked up at the reception desk in the Gathering Space two weeks before the forum. If you have any questions, contact class coordinators Craig Staller or Doug Bonsall at 717-921-1957.

Doug Bonsall

## youth group news: faith, fun, and fellowship

Greetings to all in the name of the Lord. YG life is getting very busy, with something every weekend to keep everyone's schedule full.

We kicked off the new year's first weekend with **WINTERFEST 2015**. More than 400 people attended this senior high synod-sponsored event in Lancaster; Trinity's group had 16 senior high youth and 3 advisors. The theme, "Hungry," focused on hunger issues not only around the world but also in our own backyard. An awesome weekend, and an eye-opening learning experience for all!



*Winterfest 2015: Making funny faces helped our YG relax after serious talk about hunger issues in our own backyard.*

On Wednesday, January 5, we had another **CURRENT**, with 13 YG and 3 advisors who came out even in bad weather. The topic, "U.S. to Restore Ties with Cuba," was a springboard to talk about people in our own lives with whom we strongly disagree, and how we can learn to work together better. We examined this aspect from every angle, and had great conversations. Current will continue to take place on the first Wednesday of every month.

On Sunday, January 11, our **JR. HIGH NITE** brought out 10 YG and a few advisors for night-long games and fellowship. The next Sunday, January 18, was **SR. HIGH NITE** for 18 YG and some advisors. Our focus was "patience." Lots of talk about being more patient at all times!

On January 25, we closed out the month with another **JR. HIGH NITE** that included 12 Jr. High youth and a handful of advisors, again in bad weather. We did a Jr. High version of the PATIENCE meeting with good results that actually worked well with the smaller group.

On another note, the **AFFIRMATION OF BAPTISM** class is great! We have 19 kids, and the small group discussion leaders are really working out. The kids seem to enjoy being there, which is a success on its own. **There is more active discussion about faith than ever before.** Adrienne Brady and I are thrilled.

Last, we continue getting ready for the **2015 ELCA NATIONAL YOUTH GATHERING** in Detroit. We will take 6 youth and 2 advisors for this weeklong event, and it should be a blast! It will be great to serve the people of Detroit, many of whom are much in need. Keep us in your prayers as we undertake a trip of this magnitude, and PLEASE support the few YG fundraisers that we have left to help defer the cost of this trip. That's all for now. I have a lot to do.

*In Christ,  
Peter A. Fox  
Director of Youth & Student Ministries*

Check out our Youth Group pages at [www.trinitycamphill.org/YG/index.htm](http://www.trinitycamphill.org/YG/index.htm)

## **bishop james dunlop reflects on camp nawakwa; encourages attendance at march 22 benefit**

We began attending Camp Nawakwa in 1984, when our children were just 5, 3, and 1. We continued to attend family camp every year for the next 20 years. All our children worked on staff, and two of them met their spouses at camp.

The friendships and relationships developed at camp were life-changing. The opportunity for worship and Bible Study during these years deepened the faith life of my family and were part of my discerning a call to ministry.

When we talk to leaders in the church, one experience that nearly all these leaders share that shaped their faith life was a Lutheran Church camping experience. In the last several years Connie and I have committed to returning to family camp with our grandchildren. This is one experience that shaped our children and one in which we want our grandchildren to share as well.

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**“...part of my discerning a call to ministry”**

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I have said that a key ministry we share, as a synod, is the development of leaders for the church. The first—and proving to be one of the most critical steps in developing leaders—is our outdoor ministry programs at Camp Nawakwa and Camp Kirkenwald. These are life-changing experiences for our young people and adults. To invest in the camping ministries of this synod is to invest in the future of our congregations and the church of Jesus Christ.

**Plan to attend Trinity’s Camp Nawakwa Benefit on Sunday, March 22, from 4-7 pm.** Festivities include a buffet dinner, silent auction, and entertainment. Tickets are on sale Sundays in the Gathering Space for \$15 per person. Children 12 & under are free, but a ticket is required.

Proceeds benefit Camp Nawakwa's Seeding the Future Campaign.

**Guys 16 and up: Mark your calendars!**

***“So I’m spiritual...What’s next?”***

**Men’s Spring Retreat – Saturday, April 11**

**10 am to 3 pm – only \$10, including lunch**

**eight facts about lent**, *continued from page 1*

5. **Purple is the color used in Lent because** it represents repentance and royalty. In John's gospel the soldiers wrap Jesus in a purple robe to mock the Jewish "king."
6. **Veiling the cross in Lent symbolizes the mystery of the passion/cross** (the veil is often opaque) as well as the temple veil that was ripped in two on Good Friday (and removed for Easter). Veiling the cross began as a custom in Germany in the ninth century.
7. **Many of our Holy Week traditions can be traced all the way back to the third century Jerusalem Church.** Examples of such traditions include procession with palms, foot washing, stations of the cross, and Easter vigil. Christians would literally walk in the footsteps of Christ to remember the events of the Passion.
8. **We "bury" the alleluia during Lent (alleluia is Greek for "praise the Lord") because of the penitential character of Lent.** This practice is from the fifth century. Some congregations actually perform a ritual of burying an alleluia banner just before Ash Wednesday on Transfiguration Sunday. Easter hymns then resurrect the alleluia on the Vigil.

*The Rev. Dr. Jack M. Horner*

## every member prayer list

March 6-12: David, Dona, and Rachel Norris; Charles, Devon, Parker, and Mason Nordine; Edward and Sandy Nolan; Jeffrey and Tamea Noaker; Linda Niziolek; Linda, Eric, Timothy, and Daniel Niesen; Roy and Ellen Ney.

March 13-19: Matt and Nicole Newcomb; Jan and Nathaniel Nester; Matthew Neri; David Neri; Mary Jane Nelson; Fred Nelson; Vance and Patricia Nailor; Nicki Nailor.

March 20-26: Sandra Nagy; Kevin and Karen Nagle; Jane Myers; Daryl and Linda Myers; Brian, Barbara, and Georgia Musselman; Andrew Musselman; Shawn, Christie, Ashlyn, and Alyssa Murray; Elaine Murray.

March 27-April 2: Sonia Murphy; Christine and Samantha Murphy; Dale Mummey and Marjorie Woodward; Jennifer, Jacob, and Maren Mummert; Stephen Mumma; Jeff, Robin, and Kaitlyn Mumma; Robert Mumma IV; Robert Mumma II.

**PRAY  
WITHOUT  
CEASING**

**1 THESSALONIANS 5:17**

## happy birthday to...

### March 2

Charlotte Zorger  
1700 Market Street  
Room 214  
Camp Hill, PA 17011

### March 7

Roberta Smith  
5225 Wilson Lane  
Mechanicsburg, PA 17055

### March 17

Iva Adams  
46 Erford Road  
Room 120  
Camp Hill, PA 17011

### March 18

Elizabeth Winters  
321 Elgin Circle  
Mechanicsburg, PA 17055

### March 25

Bootsy Focht  
20 N. 12<sup>th</sup> Street  
Apt 301  
Lemoyne, PA 17043

### Staff

**March 11** – Debbie Wilson

**March 12** – Bishop Guy Edmiston

## follow these tips for good health

### tip one

Get your blood pressure checked in the Chapel narthex between 9 am and noon the first Sunday of every month.

Why? Every year about 500,000 Americans suffer a stroke. About 150,000 die. Stroke, also known as brain attack, is the third leading cause of death in the U.S. and the number one cause of serious long-term disability. You could be at risk without knowing.

### tip two

If you drink wine, red is better for you than white.

Why? Red wine contains much more resveratrol than white wine. Resveratrol is an antioxidant found in the skin of grapes; it has been shown to fight off diseases associated with aging.

*Donna Sprowls*

## prayer concerns

We Pray: ✠ For a deepening of our relationship with Jesus in this Lenten Season. Let us turn our daily thoughts and prayers to our Savior Jesus Christ and to His boundless love for us and for His sacrifice for us. ✠ For our pastors, teachers, choirs and all those who willingly share their time and talents to bring us closer to our Heavenly Father through worship. ✠ For our nation. ✠ For all those who are in need of your healing powers we ask that they might be restored to wholeness, according to your will. ✠ As we continue through the Lenten Season we ask you Lord Jesus to continue to send the message of God's saving grace into all the world. ✠ In Jesus' name we pray. Amen

*Donna Sprowls*



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Rev. John Brock, Ministry Director for Parish Life  
Rev. Nancy Easton, Ministry Director for Discipleship  
Rev. Guy Edmiston, Director of Congregational Care  
Kelly Falck, Director of Children and Family Ministries  
Peter Fox, Director of Youth and Student Ministries  
Paul Hensel, Ministry Director for Finance and Property  
Amy Koch, Director of Children's Music  
Timothy Koch, Ministry Director for Music  
Nancy Martin, Office Manager  
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**Deadline** for the April 2015 *trinity parish* is Tuesday, March 10. Don't be late!  
Email articles to [parish@trinitycamphill.org](mailto:parish@trinitycamphill.org) or leave hard copies in the *trinity parish* mailbox at the church office. Submissions should not exceed 300 words.  
We edit for clarity, consistency of style, and space considerations.