

Trinity Parish

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Renewing Worship – What is it all about?

By Jeff Weaver

The ELCA's Renewing Worship website (www.renewingworship.org) states the following:

“About Renewing Worship”

“In the years since the publication of *Lutheran Book of Worship* (LBW) in 1978, the pace of change both within the church and beyond has quickened. The past three decades have seen not only a growing ecumenical consensus but also a deepened focus on the church's mission to the world. The church has embraced broadened understandings of culture, increasing musical diversity, changes in the usage of language, a renewed understanding of the central pattern of Christian worship, and an explosion of electronic media and technologies. These shifts have had a profound effect on the weekly assembly gathered around word and sacrament. The present situation calls for a renewal of worship and of common resources for worship, a renewal grounded in the treasures of the church's history while remaining open to the possibilities of the future.

Renewing Worship is a response to these emerging changes in the life of the church and the world. The goal is to renew the church's worship as Christ's mission is carried out in a new day.”

The five-year Renewing Worship process culminated this past summer with acceptance by the churchwide assembly of the Renewing Worship recommendations, including the development of a new worship book to be entitled *Evangelical Lutheran Worship*. Trinity has taken a leadership role in its use of some of the provisional liturgies developed as part of the Renewing Worship process. These have been used at the 11:00 a.m. service since the beginning of Pentecost. We've also used a number of the provisional hymns from the Renewing Worship materials. The provisional hymns include such wonderful new hymns as “Will You Come and Follow Me,” old favorites such as “Have Thine Own Way, Lord” and the inclusion of some of the more familiar hymn tunes, such as the tune HAMBURG with “When I Survey the Wondrous Cross.” According to the current timeline, the *Evangelical Lutheran Worship* book and worship leadership materials should be available to congregations by the middle of October.

Over the past few years, Trinity has had its own “Renewing Worship” process. Holy Communion has become central to all of our worship services. The remembrance of our baptisms has also become an important part of our worship services. Our 5:30 p.m. Saturday service and our 10:45 a.m. Sunday service have expanded the variety of our worship experiences and yet remain true to Lutheran liturgical worship. The ELCA's Renewing Worship emphasis will simply build on a process that we've already started here at Trinity.

To initiate the process, the ELCA has developed a study guide entitled “With the Whole Church – A Study Guide for Renewing Worship.” This study guide will be the basis for one of the Lenten Sup 'n Study courses. It will also be the basis of a special Sunday Church School class to be presented this spring. Koinonia groups and other small groups are encouraged to use the study guide in their groups. It is available for purchase through Augsburg Fortress. A copy of the complete study guide is available on both the ELCA's Renewing Worship website as well as the page on Trinity's web site called Renewing Worship at Trinity. Go to the Worship Services or Quick Links pages on Trinity's web site for links to the Renewing Worship at Trinity page. That page also gives you links to the ELCA's Renewing Worship website and provides additional information about the renewing worship emphasis here at Trinity.

So, stay tuned to TRINITY PARISH, to *Trinity Today* and to the Renewing Worship at Trinity web page as we continue our worship journey, a journey that seeks to bring us ever closer to God through our response to Him in worship.

RENEWING WORSHIP





Staff Notes

By The Reverend Nancy R. Easton

Step by Step

The Washington Monument in our nation's capital has 869 steps and 50 landings. That's the information the ranger from the National Park Service gave us before leading us down those steps. He was pretty specific about the journey, even mentioning how the stairwell would narrow dramatically at about the 13th floor. On the way down, he described the commemorative stones we passed—stones representing every state, and many cities and organizations. He even told us of a person who fell to her death years ago down the elevator shaft to our right.

All in all, my family and I found the journey down the 869 steps very interesting, and, with the exception of that macabre story about the woman tumbling to her death (a detail I really didn't need to know!), the specifics we were given about the journey were quite helpful. We could practically count the landings and know when we'd reach ground level.

Being human, it's tempting to want to know the specifics of our life's journey: How many steps? Where are the landings? Are there times my stairwell narrows? What are the dangers at my right hand?

Of course, we cannot know those specifics. My 2006 calendar hangs on our kitchen wall. I've marked on it the activities/events of which I'm presently aware. But even scheduled events get canceled, conflict with one another, or are superseded by fresh concerns. I've written (in red) the birthdays of extended family. But do I know for a fact that our elderly aunt will live to turn 82 next December? You and I know full well that our life's journey in 2006 may not go as planned.

So, how are we to live not knowing the details of our journey? What keeps us from worry or fretfulness about things in our future? What prevents us from wanting to pull the blanket over our head?

In the face of the disconcerting unknown, we turn to the eternal Truth. We look to our God to guide us step by step, to provide the constancy of his love and holy wisdom in an uncertain world. We place our trust in him, having heard the witness of his faithfulness. We know this in specificity: God has been steadfast and merciful to all the generations of his people from the moment of creation, through the prophets' messages, to the revealing of his Son as light to our world. His faithfulness endures, even when around us things fall apart.

I am indebted to Christopher Couch, our Director of Learning Ministries, who shared this prayer with our staff at Trinity last year. Now I share this prayer with you as we enter a new year. From Trappist monk Thomas Merton in his *Thoughts in Solitude*:

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road though I may know nothing about it. Therefore will I trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never lead me to face my perils alone. AMEN.



Happy Birthday

Homebound Birthdays

- | | |
|------------|---|
| January 8 | Bob Cox
Messiah Village
851 Oak Oval
Mechanicsburg, PA 17055 |
| January 10 | Eleanor Walker
100 Freemason Drive
Apt. # 541
Elizabethtown, PA 17022 |
| January 11 | Florence Boose
103 Limestone Drive
Camp Hill, PA 17011 |
| January 12 | Alma Reitz
<i>No current address available.</i> |
| January 24 | Marian Elder
707 Walnut Street
Lemoyne, PA 17043 |
| | Jean Hempt
Woods Services - Alcare Cottage
Routes 413 & 213 - P.O. Box # 36
Langhorne, PA 19047 |
| January 25 | Harriet Allison
Country Meadows - Room # 108
451 Sand Hill Road
Hershey, PA 17033 |
| | Betty Comman
1901 North Fifth Street
Harrisburg, PA 17102 |

Staff Birthdays

- | | |
|------------|---------------------|
| January 16 | Peter Fox |
| January 18 | Amy Koch |
| January 21 | Pastor Brock |
| January 30 | Criss Floray |

The deadline for submission of material for the February issue of *Trinity Parish* will be Tuesday, January 10. **No exceptions.** Please e-mail articles DIRECTLY to the Editor, Donna Sprowls at SPROWLSD@aol.com

Thank you!

Artist of the Month

Art and photography are the principle motivating factors in the life of Herbert M. Smith. Herb's photographic work has been hung in many galleries throughout the area and he has received numerous recognitions. His work has also appeared in several national publications. Herb says, "One of the greatest assets of the camera as a creative instrument is its use to grasp instantaneous expressions that are too fleeting to capture with the brush and chisel."

A participant in the Art Center School and Galleries, Mechanicsburg and the Art Association of Harrisburg, Herb is a graduate of Indiana University, Pennsylvania and for many years while employed in teaching in the public schools, engineering, drafting, commercial art and photography, he taught evening adult classes in drawing, painting and photography.

At present Herb is semi-retired while working at the Moffitt-Smith furniture restoration shop, Mechanicsburg and in his art and photography studio producing creative art-photography for exhibitions.

Joining Herb in his exhibit is his son William C. Smith. William says "my interest in art led me to explore many mediums in high school as well as college." His photographs capture forever-changing moments in time. "I admire building structures of the past, thus a lot of my images include architecture. I also like to show what others have left behind, sometimes hidden, often times forgotten." Abstract photography is his latest adventure. William graduated from Kutztown University with a Bachelor in Fine Arts and resides in Mechanicsburg with his wife and two sons.

Women's Bible Study to Begin in January

The Wednesday morning Bible study for women will begin on January 18. "Breaking Free" by Beth Moore is the study for this 11 week period. Beth Moore is a dynamic speaker who truly loves God's Word. The study uses a series of video tapes and independent Bible studies. During the weekly sessions we will view the video and discuss the Bible lessons. It is a time to grow closer to God and to each other.

The course begins with an introduction session on January 18 from 9:30 to 11:00 a.m. If you are interested, but not sure what to expect, the introduction can give you a good idea of how the course will work. At the first session we will watch a video, have a discussion and distribute the workbooks which cost around \$14.00. Babysitting is available.

If you have any questions please feel free to call Judy Trissler, 774-6036 or Bert Weaver, 697-3259. All women are invited and please feel free to invite friends and neighbors.

Women of Trinity

Women Like Us. The Women of Trinity Circle groups will continue their ongoing study. January's chapter is "Lot's Wife: Wrestling with Materialism" and will focus on Genesis 13; 18:16-19:29; Matthew 6:19-21; and I Timothy 6:6-19. The *Women Like Us* series is designed to encourage women in their spiritual journeys and draws comparisons to women of the Bible, whose lives have many similarities to our own. *The item for this month is gloves.* Please come and join us. There is a time for everyone.

Date	Time	Circle	Place
Jan. 3 – Tuesday	9:30 a.m.	4	Room 237
Jan. 9 – Monday	7:00 p.m.	6 & 8	Library
Jan. 10 – Tuesday	9:30 a.m.	1	Library
Jan. 10 – Tuesday	1:30 p.m.	5	Library

Lutheran Men in Mission Calendar of Events

Lutheran Men in Mission (LMM) is sponsoring a Pork & Sauerkraut Dinner, Friday night, January 20, in Trinity's Fellowship Hall. Adult tickets are \$5.00 in advance, \$6.00 at the door. Children six to 12 are \$2.00. Children under six are free. The meal consists of pork, sauerkraut, mashed potatoes, green beans, and pie. Drinks include coffee, milk and water. Check the Gathering Space after church service for advanced tickets.

The Men's Annual Retreat will be held on February 18 at the Morehart Retreat Lodge in Marysville. The theme for this year's event is "IDOLATRY WORSHIP"- Is it the issue in today's world? The theme leader will be Christopher Couch, Trinity's Director of Learning Ministries.

The cost of the retreat is \$25.00, which includes everything, except breakfast at the Summerdale Diner. If you are interested, look for the sign-up sheet on the bulletin board located in the rear of the Gathering Space toward the kitchen or call Jack Bush (763-0494) or George Enney (737-4115).

LMM Snow Tubing at Ski Roundtop will be held on Monday, February 20 (Presidents' Day Holiday), from 7-8 p.m. The cost is \$12.00 per person. Afterwards, as usual we will have hot cocoa, soda, and snacks in the lodge. This has become a great event with around 50 people attending. Sign-up sheets will be available after services February 5 and 12.

Thank You

By Donna V. Sprowls

*Christmas is for giving,
And for showing that we care,
For honoring the Christ Child
With the loving gifts we share,*

*Whether it be large or small,
Each gift will share in part
The message of true Christmas joy
If given from the heart!*

We Thank You, for your giving to the Prison Ministry, Frank's Place, Camden, N.J., Sudanese men, our members in need and Delta House.

Missions, Parish and Social Ministries



Trinity Prayer Concerns

We pray that the New Year brings new hope, joy, love and happiness to those seeking the Lord and His peace.

We pray for the poor, that they may have enough to eat and a warm home this winter.

We pray for our missionaries (David and Mary Kuck, Dennis and Meredith Murnyak, Viking and Marissa Dietrich, and Lee Berry) and our mission partners (Epiphany Lutheran Church, Alaska; Camden Lutheran Parish, New Jersey; and Our Saviour's Lutheran Church, Montana) that God may bless and strengthen them as they continue in their ministries around our country and around the world.



Every Member Prayer List

January 1-7: Terry and Ginny Gardner; Iona Garber; Stuart, Amy, and Allison Gansell; Samuel and Joan Gamber; Matthew Gamber; Frank and Gerry Gamber; Jenn Gallagher. **January 8-14:** Fran Gable; Robert Freund; Roland and Josephine Freund; Benjamin Freedenberg; William and Cynthia Freed; Cynthia Freed; David Freed. **January 15-21:** Mary Jane Fredricksen; Gail, Quinn, and Cameron Frasetta; Amy, Jason, and Emily Frantz; Dharla, Ryan, and Ashley Franks; Preston Fox; Peter Fox; Jim, Margy, and Whitney Fox. **January 22-28:** Kimberly and Ivan Fowler; Nadine Foust; Scott Foster; Bob Foster; Jesse and Jacqueline Fosselman; Jana Furst; Michael and Susanne Funk; Karen Fulton. **January 29-February 4:** Robert, Holly, and Adam Frymoyer; Edward and Doris Frye; Roger, Sharon, Ashley, and Jaime Fry; Kenneth, Susan, Michael, and Andrew Fry; Ann Fry; Kimberly Fry; Anne Fry; Gordon Fry.

OFFICIAL NOTICE
**The Annual
Congregational Meeting
will be held on Sunday,
January 29, 2006
At 12:15 p.m. in the Nave**



Letters to Trinity

We give thee but thine own. What e'er the gift may be; All that we have is thine alone, a trust, O Lord from thee. Amen.

Dear Trinity Lutheran Men in Mission:

Thank you again for raking leaves, trimming hedges, etc., for making the homes of senior citizens look like "Better Homes and Gardens."

Gratefully appreciated,

Marjorie Beers

Dear Friends at Trinity:

Thank you so much for the lovely flowers, prayers and communion visits. I feel so grateful to have such thoughtful people. May God richly bless all of you.

Sincerely,

Mitzi Fortenbaugh

Letter to Trinity:

Esther Luley and Ed Shuey join me in expressing heartfelt thanks to the men who provide us valet service for the traditional worship service every Sunday.

When we arrive at the door they are always faithfully waiting for us in all kinds of weather. Without them we could no longer attend church regularly because we are unable to walk into church from the available parking space.

We encourage other people to take advantage of their caring Christian service.

Sincerely,

Dorothy Herold

Dear Trinity Members:

Thanks you for all the cards, calls and inquiries during my recent hospitalization. Your thoughtfulness was greatly appreciated.

Dick Johnson

Dear Trinity:

A sincere thank you to the members of Trinity, clergy and staff for the prayers, cards, flowers, food and words of concern and support to Walter while I was in the hospital, rehab centers and at home.

With Love,

Doris Pond

From Your Director of Learning Ministries

Happy calendar New Year! For the church, of course, the new year began back on the first Sunday of Advent. But I hope each of you is having a good year or years, whenever it or they started.

Since there isn't an education newsletter, I thought I'd offer a note here regarding the education budget. We are in a new fiscal year now, the education budget last year was overspent, and I'd like all the education expenses to go more carefully this time 'round. Toward that end, please keep in mind the following:

Curriculum is always paid for out of the education budget. Books for book studies should be paid for by the participants in the study.

Workbooks may be purchased or not, depending on whether they are kept by participants.

(The master material for a workbook study--the video part and such--is budget-paid.)

Of course, there can be exceptions to all the above; so speak with me, please, if, say, you'd like to have a book study but are concerned about the cost, and so on. I'm sorry to have to offer a directive on money at all, but I do want our learning ministry at Trinity to be funded realistically as well as considerately.

I'm happy to order books or anything, and to offer suggestions on resources or ideas for study or something else. I often can find not only resources but discounts on group purchasing.

While on the happier side of spending, keep in mind, as the summer camp registration season begins, that we offer scholarships for Trinity campers of any age. When going to a synod camp, the scholarship is automatically fifty dollars per camper. You may indicate this on the registration form for the camp or add a note. If you don't want the scholarship, you may indicate that on or along with the registration form, too. If you need more than the set scholarship, please be in touch with me.

Sup and Study will take place on the Wednesday evenings in Lent between Ash Wednesday and Holy Week. We have a number of classes lined up which I believe you will find enticing. We are offering programming for all ages, so entire families should sign up. Registration forms will be in the Gathering Space. The costs will be the same as last year.

Look for new brochures in the church describing all of our offerings for the spring semester.

God keep you in all the new years and seasons,

Christopher

Youth Group News

Greetings to all in the name of the Lord. The YG (youth group) season is almost over for this year. Looking ahead toward 2006, our YG calendar is so jam-packed with stuff for everyone. There is something YG related on every weekend. If it's not a large group meeting, it's a small group meeting. There are plenty of meetings, events, retreats, sleepovers, and various get-togethers for everybody. But, with all of that said, I'm glad that a break is here before we get busy again. Here is a look at what we did in the month of November.

The month of November was definitely a busy one so I'll give you just the highlights. We had two YG meetings on the 6th and the 27th from 6 - 9 p.m. Both were well attended, drawing around 50 YG out to each of them. We had tons of faith, fun and fellowship at both. On the 12th we hosted our YG PANCAKE BREAKFAST to raise funds for the National Youth Gathering next summer. We were able to raise over \$800 toward it. This was a good start. On the 13th we had a Jr. High movie night with about 30 kids. We watched a movie in the "new and improved" movie room. On the 18th - 19th we had a Sr. High Sleepover at the church. Twenty-five Senior High YG and five advisors came on out for the night of total fun and fellowship. It was a blast from start to finish. Those were the highlights of what we did in November. Now, it is break-time for me because next year the word is B-U-S-Y. This is only the beginning...

Yours in Christ,
Peter A. Fox
Youth Ministry Director

Blood Drive

January 15, 2006

7:45 a.m. to 11:00 a.m.

Report to Room 126



Parish Ministry

By Donna V. Sprouls

From the Missions Corner

By Elizabeth Winters



The Heart Friendly Way to Shovel Snow

Thousands of people die each year from heart attacks related to shoveling snow. Shoveling causes a sudden demand on the heart and a sharp rise in heart rate and blood pressure. Those who are most at risk include:

- Anyone who has had a heart attack or who has a history of heart disease.
- Anyone with high blood pressure or high cholesterol.
- Anyone who smokes, is overweight or sedentary.

If you have to shovel, here are some heart-friendly tips to keep in mind:

- Check with your physician about whether shoveling presents a risk for you.
- Don't drink coffee or alcohol, or smoke before or while shoveling. Stimulants can increase your heart rate, causing extra stress on the heart.
- Don't eat a big meal before starting.
- Dress in layers and wear a mask or a scarf. Inhaling cold air can constrict arteries, which decreases your heart's supply of oxygen.
- Begin slowly, pace yourself and take breaks often.
- Use a smaller shovel. It will force you to lift less snow.
- Skim the snow off of the top and work your way down at a steady pace.
- Try to push the snow, instead of lifting it.
- Shovel as soon as you can after the snow begins. New-fallen snow is lighter.
- Drink plenty of water and keep your body hydrated.

If you experience any of these symptoms, stop shoveling immediately:

- Shortness of breath.
- Tightness of your chest.
- Heavy sweating.
- Pain anywhere.

The Season of Epiphany is here. The Christ Child is now within our hearts once again and we are to go and tell the good news to all we meet along our journeys. The Missions Committee has two events for you to hear how the Word is being told:

January 8, 2006, 5 – 8 p.m. in Fellowship Hall – The Epiphany Event featuring “India, Side by Side” with Pastor Brock. Hear him tell of his experiences in India this past summer. This is for everyone, so those who have children, bring them so they can see and hear how the good news is spread. An Indian meal will be served and a free will offering will be received. Reservations are needed so please sign up at the desk in the Gathering Space or call the church office before January 4.

January 14 and 15, 2006 - Pastor Lee Berry will be with us at all services, Saturday evening and Sunday morning, to share how he and others spread the good news to the people of the Northwest Territories through “On Eagles Wings.” A light luncheon will be served on the 15th at 12:15 p.m. Reservations will be needed for this as well. Sign up at the desk or call the church office by January 11.

We hope that you will join us at these events. Listen and then “Go and do Likewise.”

Mission Events

**January 8, 2006 – 5 – 8 p.m. – Epiphany Event
“India, Side by Side” with Pastor Brock
Indian Meal**

**January 14 – 15, 2006 (all services)
Pastor Lee Berry, “On Eagle’s Wings”
Jan. 15 – Light Luncheon 12:15 p.m.**

**Fellowship Hall
Reservations needed for meals.**



CRHP ANGELS

What is that sound I long to hear?
It is God's voice that comes so near.

He knows of all my secrets.
He knows of all my regrets.

He sends his angels, one by one,
To help me through what He's begun.

These angels have names and faces.
They come from many different places.

These Women have wonderful gifts
To help in knowing what to sift.

Through tears of joy and of sorrow,
These women's strength I should borrow.

Of whom do I speak? Of whom do I talk?
It's the women of CRHP who's taught me to walk.

God has sent these angels of mercy
To help set my path that won't leave me thirsty.

Thank you, God, for my friends
Whose gifts and love will never end.

Lori Anne McBride 11/19/05

Christ Renews His Parish

By Donna V. Sprowls

A Christ Renews His Parish (CRHP) weekend is an experience and a process designed to bring members of our congregation together in Christ. As a participant in the recent November weekend I am filled with excitement for a new relationship with Christ and want to spread this love to everyone. The path to discipleship is powered by a question, what is next? Faith is always growing, and we should never be satisfied. To me that means following Jesus. I know as I grow closer to my Sisters in Christ who were part of this weekend; my commitment to discipleship will grow and become clearer.

If you have ever promised yourself someday you would find the time, energy and motivation to make yourself available to God as I have said so many times, then come to the next weekend. Soon there will be a sign-up sheet on the bulletin board in the Gathering Space for the spring 2006 weekends. Acceptance forms and brochures about the weekends are also available. The Men's Weekend will be May 20-21 and the Women's Weekend will be June 3-4, 2006. You can also check our web site at www.trinitycamphill.org/CRHP/index.htm.



Blood Bank News

By Jeanie Bentzel

Don't forget to sign up for the January 15, 2006, Blood Drive when the Central PA Blood Bank visits Trinity! We will be in the Gathering Space after all services on January 1 and 8. We encourage Trinity new members to start a life-giving habit of donating blood. Stop by the sign-up table for more information and to answer questions.

Our donors did a fantastic job in 2005, but remember this is a new year and we start over at the **BIG 0!** Next month's TRINITY PARISH article will include the final count for 2005. If you donate at the local hospitals, blood donor centers, or a Community Blood Drive, be sure to tell them #157 or Trinity Lutheran, Camp Hill.

Thanks for making my job so much easier. Call Jeanie Bentzel at 766-3526 if you have any questions.

Spring Congregational Camping Trip

Back by Popular Demand!

We are once again planning to go to the Shenandoah National Park, Big Meadows Camp Ground for the Memorial Day extended weekend, May 26 through May 29.

Last year several of us spent five or six days there watching the deer roam through the campground and Big Meadow. A couple of us also spotted a bear!

There are great hiking trails all along the Skyline Drive, beautiful flowers, great friends and don't forget the camping food adventure and campfire fellowship.

The cost is approximately \$19 per night per site.

Sound good? Call Dan and Lyn Reed (717-938-5589) to get your registration form and any additional information.

All reservations **MUST** be made and paid for by March 1, so don't delay!!

ADDRESS SERVICE REQUESTED

Trinity Parish is published 11 times a year by the Publicity and Communications Committee of Trinity Evangelical Lutheran Church, 2000 Chestnut St., Camp Hill, PA 17011
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